

FEDERAL OMBUDSPERSON
SECRETARIAT FOR PROTECTION
AGAINST HARASSMENT (FOSPAH)

2024 Nationwide Art Competition

Theme: Workplace Harassment:
Its Forms and Impacts



Introduction

FOSPAH is an autonomous quasi-judicial statutory body, working under the “Protection against Harassment of Women at the Workplace, 2010 (Act of 2010)” with the primary mandate of safeguarding individuals from workplace harassment. Under its mandate, FOSPAH regularly conducts awareness sessions and trainings in educational institutes, government and corporate organizations, and NGOs. For this purpose, FOSPAH is hosting an art competition under the title, "**Workplace Harassment: Its Forms and Impacts,**" which is an opportunity to raise awareness, foster dialogue, and promote understanding about how harassment manifests in the workplace and impacts individuals and communities.

FOSPAH invites students from all over the country to use their artistic skills to interpret the theme and express their views on harassment in the workplace. Your artwork can help illuminate often untold stories, provoke thought, and inspire action toward creating a safer, more inclusive world.

Theme

The theme of the competition is "**Workplace Harassment: Its Forms and Impacts.**" You can create artwork highlighting any aspect of the theme, such as raising awareness, prevention strategies, the different forms of harassment, its effects, or how it can be confronted. **Deadline to submit your artwork is November 15, 2024.**

What is Workplace?

A workplace is anywhere professionals work or provide services. This can be offices, schools, concerts, studios, gyms, highways, or any place where an organization's activities happen. It also includes situations connected to work that happen outside the office.

Objective

Your artwork should capture the emotions, challenges, and courage of standing up to harassment, whether you've experienced it yourself, witnessed it, or are passionate about making workplaces safer and more conducive. The goal is to use art to turn silence into strength and create a visual dialogue that encourages action, support, and resilience.

Artwork Categories

1. Poster Art

- Submission: Submit your physical posters at the following FOSPAH Head Office or Regional Office closest to you. Further details provided in the Submission Guidelines section.

2. Digital Art

- Dimensions:
 - Preferred resolution: 3000 x 3000 pixels.
 - Minimum resolution: 2000 x 2000 pixels.
- File Format: .JPEG or .PNG (300 dpi minimum).
- File Size: Not more than 10 MB.
- Submission: Upload the digital file at the email links provided in the Submission Guidelines section.

3. Video

- Medium: Short film, animation, or digital video that addresses the theme of harassment.
- Duration: 1 minute to 5 minutes
- File Format: .MP4, .MOV, .AVI.
- File Size: Maximum 500 MB.
- Submission: Upload the video to Google Drive. Submit and provide a downloadable link to the video file.

Submission Guidelines

Submit your artwork to the FOSPAH Office closest to you at the below given locations and you can send your digital files through this email.

FOSPAH Head Office, Islamabad

First Floor, LG&RD Complex, Behind SBP, Opposite ILO, Sector G5/2, Islamabad, Pakistan

Email: info@fospah.gov.pk

Phone: 051 9264444

FOSPAH Regional Office, Karachi

State Life Building No 11, 3rd Floor, Near Zainab Market, Abdullah Haroon Road, Saddar Karachi, Pakistan

Email: regional-commissionerkhi@fospah.gov.pk

Phone: 021 99203599

FOSPAH Regional Office, Lahore

First Floor, Ali Complex, Opposite Radio Pakistan, Near Shimla Pahari, Empress Road, Lahore, Pakistan

Email: regionalheadlhr@fospah.gov.pk

Phone: 042 99206481

FOSPAH Regional Office, Peshawar

House # 47, Canal Road, Hassan Ghari, Warsak Road, Near Beaconhouse School, Peshawar, Pakistan

Email: rgnlcommissionerpew@fospah.gov.pk

Phone: 091 2617431

Provincial Ombudsperson Balochistan Protection Against Harassment of Women At Workplace

Bungalow No. 57/3, Survey-57 Extension, Zarghoon Road, Quetta

Phone: 081-9201827

Email: info@fospah.gov.pk

Eligibility

Open to students all over the country, including Deeni Madaris. Minorities and transgenders are encouraged to participate in the competition.

Prizes

1st prize: 25,000/-

2nd prize: 15,000/-

3rd prize: 10,000/-

All winners will have their artwork featured on FOSPAH's social media and website and will have the opportunity to have their work exhibited at FOSPAH's offices. All participants will receive a certificate of participation.

Terms and Conditions

1. Original Work:

All entries must be original, created by the participant, and not previously published or submitted to other competitions. Any form of plagiarism will result in disqualification.

2. Copyright and Usage Rights:

Participants retain full copyright over their artworks. However, by submitting, participants grant the organizer the right to display, publish, and use the artworks for promotional purposes related to the competition, including social media, exhibitions, and publications, with full credits to the artist.

3. Number of Entries:

Each participant can submit one entry per category.

4. Eligibility Confirmation:

By entering the competition, participants confirm that they are eligible for the competition as per the competition guidelines and that the artwork is their own.

5. Judging:

All decisions by the panel of judges are final. Judges will be industry professionals and FOSPAH's advisors.

6. Exhibition and Promotion:

Selected artworks may be showcased in physical or online exhibitions or on social media, with full acknowledgment of the artist by FOSPAH. Participants agree to the use of their artwork for these purposes.

7. Prize Distribution:

Prize distribution will be based on the final decision of the judges, and winners will be notified. Prizes are non-transferable and may not be exchanged for other items.

8. Disqualification:

Failure to adhere to the competition guidelines or submission of inappropriate, plagiarized, or irrelevant work will result in disqualification.

Marking Criteria

Category	Description	Points
1. Theme Interpretation	<p>How well does the artwork represent the theme of harassment and promoting a safer, more inclusive workplace? Does it clearly address the subject matter? Is there a strong connection between the artwork and the competition theme?</p> <p>Key Aspects To Be Considered:</p> <ul style="list-style-type: none">- Clarity in addressing the theme- Strong alignment with anti-harassment messages- Relevance to workplace environments and inclusivity	40
2. Creativity and Originality	<p>How unique and innovative is the approach? Does the artwork offer a fresh perspective on the issue of workplace harassment? Is there originality in the concept or execution?</p> <p>Key Aspects To Be Considered:</p> <ul style="list-style-type: none">- Innovation in portraying the subject- Fresh approach to visual representation	30
3. Artistic Skill and Technique	<p>How well-executed is the artwork in terms of technical skill, attention to detail, and overall aesthetic quality?</p> <p>Key Aspects To Be Considered:</p> <ul style="list-style-type: none">- Mastery of artistic techniques- Attention to detail and composition	30

